

## 42 DAY CAPE TOWN TO NAIROBI

### Day 1 South Africa – Cederberg Mountain Region

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Leaving Cape Town we make our first stop at Table View and take photos of Table Mountain from across Table Bay. This spot is the most popular angle for Table Mountain photos! We then travel to the Cederberg region for a guided walk after setting up camp. As you make your way through the hills behind camp you will be introduced to some indigenous flora and fauna along with some cave paintings. Your guide will give a full briefing on the tour.

Meals: Lunch, Dinner

Overnight: Gekko's Backpackers – [www.gekko.co.za](http://www.gekko.co.za)

### Day 2 Namaqualand – Gariep (Orange) River

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An early start, then we head north via the distant town of Springbok, best known for its diamonds, copper and spring flowers. We then proceed to our camp located right beside the Namibian border. The camp is situated on the riverbank that forms the border between South Africa and Namibia.

Meals: Breakfast, Lunch, Dinner

Overnight: Fiddlers Creek Campsite: [www.bushwhacked.co.za](http://www.bushwhacked.co.za)

### Day 3 Namibia – Gariep (Orange) River - Fish River Canyon

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This morning there's the chance to see the beautiful river valley by canoe or just relax at camp. After lunch we cross the border and travel to the Fish River Canyon. After a scenic walk along the edge of the canyon we enjoy our dinner while watching the sunset. This is also a fantastic photo opportunity. *Optional Activities: Half-Day Canoe Adventure.*

Meals: Breakfast, Lunch, Dinner

Overnight: Hobas Campsite: [www.nwr.com.na/hobas.html](http://www.nwr.com.na/hobas.html)

### Day 4 Namib-Naukluft National Park

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We arrive at the Namib-Naukluft National Park and set up camp, then enjoy a short hike into the Sesriem Canyon. Tonight enjoy the star-studded sky and enduring silence of the Namib Desert, only occasionally interrupted by the call of a Jackal or, a rather unique lizard, the barking gecko!

Meals: Breakfast, Lunch, Dinner

Overnight: Sesriem Campsite: [www.nwr.com.na/sesriem\\_campsite.html](http://www.nwr.com.na/sesriem_campsite.html)

### Day 5 Sossusvlei Dunes - Namib-Naukluft National Park

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This is our earliest morning as we prepare for our hike up Dune 45 to marvel at the sunrise. Later, we join a local expert on a guided hike of the unique desert ecosystem and learn how the bushmen survived in the harsh desert conditions.



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Meals: Breakfast, Lunch, Dinner

Overnight: Solitaire Campsite: [www.namibialodges.com/solitaire.html](http://www.namibialodges.com/solitaire.html)

### Day 6 Swakopmund

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After a brief photo stop while crossing the Tropic of Capricorn, we travel onto Namibia's Atlantic coast and the adventure capital, Swakopmund. Often there are flamingos at the Walvis Bay lagoon, just before we arrive in Swakopmund. You will be briefed on the many optional activities available here and then there is time to explore the town before dinner out at one of the local restaurants. *Optional Activities: Dinner out*

Meals: Breakfast, Lunch

Overnight: Villa Wiese Hostel (Dorm Room): [www.villawiese.com](http://www.villawiese.com)

### Day 7 Swakopmund

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The whole day is free to relax, explore or partake in one of the many activities available here. Most popular are Quad biking in the Dunes or Tandem Skydiving. On a clear day's skydiving you can see all the way to the next day's destination! Taking a walk around Swakopmund's shops and having a leisurely lunch is also a great way to spend your day. *Optional Activities: Quad biking, Sand boarding, Sky Diving, Dolphin Cruise, Scenic Flights, Fishing, Dinner out etc.*

Meals: Breakfast, Dinner

Overnight: Villa Wiese Hostel (Dorm Room): [www.villawiese.com](http://www.villawiese.com)

### Day 8 Spitzkoppe

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Leaving the coast we drive through arid landscapes to Spitzkoppe Mountain. The enormous limestone monoliths dominate the otherwise flat landscape and we set up camp in the wild plain at the base. This afternoon there is an included walk to explore the unique rock formations and san rock art.

Meals: Breakfast, Lunch, Dinner

Overnight: Spitzkoppe Community Campsite:  
[www.nacobta.com.na/lists\\_details.php?cat\\_id=2&sub\\_cat\\_id=26](http://www.nacobta.com.na/lists_details.php?cat_id=2&sub_cat_id=26)

### Day 9 Himba Tribes

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After some early morning exploration we continue north and drive towards Kamanjab. Today we have the chance to experience life within a Himba tribe. The Himba are a pastoral people and predominantly breed cattle or goats. They are easily recognisable by their unique style of dress. The Himba have been extremely diligent about upholding the roots of their culture, but they are also very curious about visitors to their home.

Meals: Breakfast, Lunch, Dinner



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Overnight: Kamanjab Camp – no website available

### Day 10/11 Etosha National Park

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Etosha is the venue for some of the most unique game viewing experiences in Africa. The sparse grasslands allow great opportunities to see animals normally hidden in dense vegetation. You may even see some of the amazing animals crossing the road in front of your truck! We will go on various game drives, and spend our evenings at the abundant water holes for some excellent game photography. *Optional Activities: Night or Dawn Drives in safari vehicles*

Meals: Breakfast, Lunch, Dinner

Overnight: Halali and/or Okaukuejo: [www.nwr.com.na/etosha\\_national\\_park.html](http://www.nwr.com.na/etosha_national_park.html)

### Day 12 Windhoek

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After an early morning game drive we set off towards Windhoek, the Capital city of Namibia. On the way we stop at a popular craft market where you can barter for handmade gifts to take home. Windhoek is not only the capital; it is also the cultural, social and economic centre of the Namibia. On arrival in Windhoek there is a short city tour. Joe's Beer House is an exciting dining experience for our optional dinner out. *Optional Activities: Dinner out.*

Meals: Breakfast, Lunch

Overnight: Monteiro Camp: [www.monteironamibia.com](http://www.monteironamibia.com)

### Day 13 Botswana - Ghanzi

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An early start, then we cross into Botswana and drive to Ghanzi. After setting up camp we meet with a local Bushman (San) community and experience some traditional tribal dancing. There are also some traditional bushman huts that you have the opportunity to stay in for a nominal fee.

Meals: Breakfast, Lunch, Dinner

Overnight: Ghanzi Trail Blazers: <http://ghanzitrailblazers.wheretostay.na/>

### Day 14 Maun

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Our journey takes us from Ghanzi towards Maun. Maun is the gateway to the Okavango Delta and this afternoon we will prepare for this excursion, packing small 2-night bags. There may be opportunity this afternoon to visit the local crocodile farm or take a scenic flight. *Optional Activity: Crocodile Farm visit*

Meals: Breakfast, Lunch, Dinner

Overnight: Sitatunga Camp: <http://www.deltarain.com/index.php?page=sitatunga-camp>

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### Day 15/16 Maun – Okavango Delta

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This morning we board the big 4x4 truck that will take us in to the Delta, in high-water season it is sometimes necessary to take a boat to the poling station where we meet up with the members of a local community who will be showing us their homeland. We spend 2-night bush camping in the wilderness and, if the water level allows, we will take a mokoro (traditional canoe) trip through the waterways. We will also be going on some nature walks in the hope of seeing some wild animals in their natural habitat. *Optional Activity: Scenic flight over the Delta (time allowing)*

Meals: Breakfast, Lunch, Dinner

Overnight: Bush Camp: [www.deltarain.com](http://www.deltarain.com)

### Day 17 Gweta

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We leave the Delta behind us and travel east to Planet Baobab. You can explore the bush around our campsite, lounge by the pool and view some of the region's oldest Baobab trees.

Meals: Breakfast, Lunch, Dinner

Overnight: Planet Baobab Campsite: [www.unchartedafrica.co.za/page.php?p\\_id=59](http://www.unchartedafrica.co.za/page.php?p_id=59)

### Day 18 Botswana - Chobe National Park

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We travel to Chobe and this afternoon we take an included sunset river cruise, as the animals are best spotted from the Chobe River. Elephants, Hippo, Crocodiles, Eland and many other creatures reside in Chobe so keep your cameras at the ready.

Meals: Breakfast, Lunch, Dinner

Overnight: Thebe River Safaris (no website available)

### Day 19/20/21 Zimbabwe - Victoria Falls

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On arrival in Victoria Falls we have time to plan the next day's adventure activities before we visit the spectacular Victoria Falls and experience the thundering of the mighty Zambezi. *Optional Activities: Chobe morning game drive, Sunset Cruise, Dinner out, White Water Rafting, Bungee Jump, Elephant Excursion, Walking with Lions, Horse Riding and much more...*

Meals: Breakfast, Lunch day 19 only

Overnight: Savanna Lodge (Dorm Rooms): [www.safpar.co.za/savanna.html](http://www.safpar.co.za/savanna.html)

### Day 22 Lusaka

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Leaving behind the natural wonder of Victoria Falls we begin our expedition. After Livingstone we journey towards the bustling Zambian capital of Lusaka. You will notice the vegetation becoming sub-tropical and the roads a little rougher.



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Meals: Breakfast, Lunch, Dinner

Overnight: Pioneers Camp: [www.pioneercampzambia.com](http://www.pioneercampzambia.com)

### Day 23 Chipata

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Today is a long drive through lush country, crossing rivers en-route to Chipata, the gateway to the South Luangwa NP. Zambia is truly African and an adjustment from the more Western ways of Southern Africa.

Meals: Breakfast, Lunch, Dinner

Overnight: Mama Rulas: [www.mamarulas.com](http://www.mamarulas.com)

### Day 24 South Luangwa National Park

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Early in the morning we drive from Chipata to the border of the South Luangwa National Park where we spend the next two nights right on the banks of the Luangwa River. You can often see hippos and other animals from the camp bar. This afternoon we enjoy an included sunset game drive in the South Luangwa NP.

Meals: Breakfast, Lunch, Dinner

Overnight: Wildlife Camp: [www.wildlifecamp-zambia.com](http://www.wildlifecamp-zambia.com)

### Day 25 South Luangwa National Park

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In the morning you have the opportunity to take another game drive, the park is known for its high concentration of leopards and hippos. After lunch we visit the community run tribal textile project and a local village. *Optional Activities: Morning Game Drive and Game Walk.*

Meals: Breakfast, Lunch, Dinner

Overnight: Wildlife Camp: [www.wildlifecamp-zambia.com](http://www.wildlifecamp-zambia.com)

### Day 26/27 Malawi – Lake Malawi National Park

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Today we enter Malawi and after a short stop in Lilongwe we travel south to Monkey Bay in the Lake Malawi National Park. This area has been designated a World Heritage site and the protected area has an abundance of aquatic life in clear, warm water. Snorkelling and scuba diving are both excellent here, but there are many other water activities.

Meals: Breakfast, Lunch, Dinner

Overnight: Fat Monkeys Camp (no website available)



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### Day 28/29 Kande Beach

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We take a scenic drive to Kande beach where there are many optional activities available such as horse riding and different water sports. On our second day here we have an included guided village walk in order to meet the local people and learn more about Malawian life. *Optional Activities: Water Sports, Horse Riding, Craft Shopping etc.*

Meals: Breakfast, Lunch, Dinner

Overnight: Kande Beach: [www.kandebeach.com](http://www.kandebeach.com)

### Day 30/31 Northern Lake Malawi - Chitimba

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We travel further north and spend our last 2 days in Malawi at Chitimba beach. For those that have had enough of beautiful lake views there is an overnight hike to the Livingstonia Mission Station in the highland area. This working mission was set up by Scottish Presbyterian followers of David Livingstone in 1894 and is 900m above the lake. There is also a shorter hike to the Manchawe Falls. *Optional Activities: Hike to Livingstonia Mission, watersports, abseiling etc.*

Meals: Breakfast, Lunch, Dinner

Overnight: Chitimba: [www.chitimba.com](http://www.chitimba.com)

### Day 32 Tanzania – Iringa

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Today we leave Malawi and enter Tanzania. We ascend out of the Great Rift Valley through some spectacular mountain passes, passing vast tea plantations in the highlands before arriving at our camp outside Iringa. This evening our dinner is in a local Masai Hut where we enjoy a traditional Tanzanian evening.

Meals: Breakfast, Lunch, Dinner

Overnight: Kisolanza Farm: [www.kisolanza.com](http://www.kisolanza.com)

### Day 33 Dar es Salaam

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Our journey today brings us out of the cool highland region of Iringa to the humid Indian ocean coastal city of Dar es Salaam. Meaning 'house of peace' in Arabic, Dar es Salaam is the economic and trade capital of Tanzania, but inland Dodoma remains the official capital city.

Meals: Breakfast, Lunch, Dinner

Overnight: Kipepeo Camp: [www.kipepeocamp.com](http://www.kipepeocamp.com)

### Day 34/35/36 Zanzibar

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A local ferry will take us from Dar es Salaam (where we leave the truck) to Stone Town, the capital of Zanzibar. We spend the first night exploring the historical and unique architecture. There are also spice and seafood markets to be



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explored. The following day we take a transfer to the northern part of the island where we will spend 2 days relaxing on the beach. *Optional Activities: Lunch & Dinner, Swimming with Dolphins, Scuba Diving, Snorkelling etc.*

Meals: Breakfast x 3

Overnight: Stone Town - Shangani Hotel: [www.shanganihotel.com](http://www.shanganihotel.com)

Nungwi Beach – Nungwi Inn: [www.nungwiinnhotel.co.tz](http://www.nungwiinnhotel.co.tz)

### Day 37 Dar es Salaam

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Today we leave Zanzibar and catch a late ferry back to Dar es Salaam and return to our truck and campsite. The evening can be spent reminiscing about our days on the island.

Meals: Breakfast, Dinner

Overnight: Kipepeo Camp: [www.kipepeocamp.com](http://www.kipepeocamp.com)

### Day 38 Arusha

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Today we take a long and scenic drive to Arusha, the safari capital of Tanzania and known for its authentic craft markets. On a clear day it's possible to see Mt Kilimanjaro and Mt Meru. Arusha is home to some excellent craft shops.

Meals: Breakfast, Lunch, Dinner

Overnight: Meserani Oasis Camp or Snake Park: no available website

### Day 39/40 Serengeti and Ngorongoro Excursion

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These 2 days are set aside for the optional 2-night excursion into the Serengeti National Park and Ngorongoro Crater. This area has one of the most densely inhabited large animal populations in Africa. The excursion is in open topped 4x4 safari vehicles in order to tackle the challenging side roads in the parks. For those not going to the parks, take this chance to absorb some of the fascinating local culture. *Optional Activities: Serengeti & Ngorongoro Excursion.*

Meals: Breakfast, Lunch, Dinner

Overnight: Seronera and Simba Campsites: [www.serengeti.org](http://www.serengeti.org)

### Day 41 Arusha

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Today those that went into the Serengeti and Ngorongoro will return to Arusha where there will be time to share stories of the wonderful African animals seen in the park. In the afternoon we visit the local Masai Mara Museum and Snake Park.

Meals: Breakfast, Lunch, Dinner

Overnight: Meserani Oasis Camp or Snake Park: no available website





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### Day 42 Kenya – Nairobi

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After crossing the border into Kenya we continue to travel towards Nairobi and the end of our journey. Usually we end the tour with a group meal out at one of Nairobi's excellent restaurants. *Optional Activities: Dinner out.*

Meals: Breakfast, Lunch



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