

## 42 Day Cape to Kenya 2010 CAE0449

Route: Cape Town to Nairobi

### DAY 1 SOUTH AFRICA, CEDERBERG MOUNTAIN REGION

After a short stop to view Table Mountain we drive north to the Cederberg region. In the afternoon (weather permitting) we go on a guided walk to see Bushmen paintings and learn about the native fauna and flora.

Meals: Lunch, Dinner

### DAY 2 NAMAQUALAND – ORANGE/GARIEP RIVER

Today we travel to the Gariep/Orange River. We spend the night under the stars and sit at the campfire getting to know each another.

Meals: Breakfast, Lunch, Dinner

### DAY 3 NAMIBIA, ORANGE/GARIEP RIVER - FISH RIVER CANYON

You can choose between a morning on the riverbank or the half day canoe on the river. After lunch we travel north to the Fish River Canyon.

*Optional Activities: Orange/Gariep River Half Day Canoe Adventure.*

Meals: Breakfast, Lunch, Dinner

### DAY 4 NAMIB-NAUKLUFT NATIONAL PARK

From the Fish River Canyon we continue into the remote hinterland. We arrive at camp in the afternoon and enjoy a short hike at Sesriem Canyon.

Meals: Breakfast, Lunch, Dinner

### DAY 5 SOSSUSVLEI DUNES - NAMIB-NAUKLUFT NATIONAL PARK

We wake before dawn so we can hike up Dune 45 and watch the sunrise. After breakfast we join a local expert on a guided tour explaining the desert ecosystem.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 6 / 7</b> | <b>SWAKOPMUND</b> |
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Today we cross the Tropic of Capricorn (where we stop for a photo) on our way to Namibia's Atlantic coast. In Swakopmund you will be briefed on the optional activities available here. Day 7 is free for you to explore the town or try one of the many adventure activities.

*Optional Activities: Quadbiking, Sandboarding, Sky Diving, Dolphin Cruise, Scenic Flights, Fishing etc.*

Meals: Breakfast, Lunch, (Dinner on day 7 only)

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| <b>DAY 8</b> | <b>SPITZKOPPE</b> |
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We leave all the trappings of modern life behind us and drive inland to the mysterious Spitzkoppe. Tonight we camp in the wild.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 9</b> | <b>HIMBA TRIBES</b> |
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After some early morning exploration we continue inland and drive towards Kamanjab. The Himba are a pastoral people and predominantly breed cattle or goats, they are easily recognisable by their unique style of dress.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 10 / 11</b> | <b>ETOSHA NATIONAL PARK</b> |
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Etosha NP is the venue for some of the most unique game viewing experiences in Africa. We will go on various game drives, and spend our evenings at the abundant water holes for some excellent game photography.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 12</b> | <b>WINDHOEK</b> |
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After an early morning game drive we set off towards Windhoek in the centre of Namibia. On the way we stop at a popular craft market. In the afternoon we go on a short city tour.

*Optional Activities: Dinner out at Joe's Beer House.*

Meals: Breakfast, Lunch

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| <b>DAY 13</b> | <b>BOTSWANA, GHANZI</b> |
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It is a scenic drive to the Buitepos border, where we cross into Botswana. Once at camp we will meet with a local Bushmen community and experience some traditional Tribal Dancing.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 14 / 15 / 16</b> | <b>MAUN AND OKAVANGO DELTA</b> |
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Another early day! Our journey takes us from Ghanzi towards Maun. We spend the night here and prepare for our two night bush-camping experience. Your guides will provide you with a briefing about the next few days' activities and the community run tourism operation. From here we will enter the Delta using local transport. If the water level allows we will take a mokoro (traditional canoe) trip as well as a nature walk with the local people.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 17</b> | <b>GWETA</b> |
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We leave the Delta behind us and travel east to Gweta, which is located halfway between Maun and Nata, near the Makgadikgadi Pans NP.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 18</b> | <b>CHobe NATIONAL PARK</b> |
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When we arrive at Kasane we set up camp on the bank of the Chobe River. The afternoon is spent game viewing from a boat in the Chobe NP. This is an excellent opportunity to view Africa's spectacular wildlife. You will have the chance to experience an early morning game drive the following day.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 19</b> | <b>ZIMBABWE - VICTORIA FALLS</b> |
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On arrival in Victoria Falls we have time to plan the next day's adventure activities before we visit the spectacular Victoria Falls NP and experience the thundering of the mighty Zambezi. The popular optional sunset cruise includes dinner and drinks.

*Optional Activities: Chobe morning game drive, Zambezi Sunset Cruise*

Meals: Breakfast, Lunch

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| <b>DAY 20 / 21</b> | <b>VICTORIA FALLS</b> |
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Most people will spend the day White Water Rafting, a not -to-be-missed experience of a lifetime! Vic Falls offers many exciting alternatives.

*Optional Activities: White Water Rafting, Bungee Jumping, Elephant Excursion, Dinner out.*

Meals: Breakfast

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| <b>DAY 22</b> | <b>ZAMBIA, LUSAKA</b> |
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Leaving behind the excitement of Victoria Falls we begin our expedition. The journey towards the bustling Zambian capital of Lusaka takes us along an interesting route.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 23</b> | <b>CHIPATA</b> |
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We begin today with some shopping in Lusaka before heading northeast towards Chipata. This is an interesting area full of friendly locals.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 24 / 25</b> | <b>SOUTH LUANGWA NATIONAL PARK</b> |
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Early in the morning we drive from Chipata to the border of the South Luangwa NP where we spend two nights on the riverbank. The next day we visit the community run tribal textile project and a local village.

Later this afternoon we enjoy a guided sunset game drive in South Luangwa NP. On occasion, in the rainy season it is impossible or inadvisable to attempt to reach South Luangwa NP, if this happens an alternative itinerary will be chosen.

*Optional Activities: Guided Morning Game Walk in South Luangwa NP*

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 26 / 27</b> | <b>MALAWI, LUWAWA FOREST</b> |
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Today we cross the Zambia-Malawi border after leaving South Luangwa NP in the early morning. Heading north we enter the highlands of Malawi and spend the night at Luwawa Forest.

*Optional Activities: Fishing, Mountain Biking, Hiking.*

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 28 / 29 / 30 / 31</b> | <b>LAKE MALAWI</b> |
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We will spend the next couple of carefree days relaxing on the white sandy beaches. For the more adventurous there are endless leisure and water sport activities. Alternatively, soak up the atmosphere and relax in one of the most memorable holiday destinations.

*Optional Activities: Scuba diving, parasailing, windsurfing, fishing, canoeing, horse riding*

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 32</b> | <b>TANZANIA, IRINGA</b> |
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As we ascend out of the Great Rift Valley through some spectacular mountain passes, we pass the vast tea plantations in the highlands to our camp outside Iringa.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 33</b> | <b>IRINGA TO DAR ES SALAAM</b> |
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It is a long drive from Iringa to the historical port city of Dar es Salaam. We actually transit through Mukumi NP, but we do not have time to stop and explore.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 34 / 35 / 36</b> | <b>ZANZIBAR</b> |
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A local ferry will take us from Dar es Salaam (where we leave the truck) to Stone Town, the capital of Zanzibar. We spend the first night in Stone Town where you will have time to explore the markets and unique architecture. The following day we take a transfer to the northern part of the Island where we will spend 2 days relaxing on the beach.

*Optional Activities: Meals, Spice Tours, Dolphin Tours, Scuba Diving, Snorkeling.*

Meals: Breakfast

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| <b>DAY 37</b> | <b>ZANZIBAR- DAR ES SALAAM</b> |
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Today you leave Zanzibar and catch a late ferry (or flight) back to Dar es Salaam and return to the campsite.

Meals: Dinner

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| <b>DAY 38</b> | <b>DAR ES SALAAM – ARUSHA</b> |
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Today we take a long and scenic drive to Arusha, the safari capital of Tanzania. After arriving in Arusha, those who are going to explore the Serengeti National Park, prepare for their excursion.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 39 / 40</b> | <b>SERENGETI / NGORONGORO</b> |
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Today we have the opportunity to go on a three-day trip into the Serengeti. For those not going to the parks, take this time to relax and absorb some of the fascinating local culture.

*Optional Activities: Serengeti & Ngorongoro Excursion.*

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 41</b> | <b>ARUSHA</b> |
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Today we visit a local Masaaai village. Tonight we enjoy a final meal around the truck and talking about the adventures we have had together.

Meals: Breakfast, Lunch, Dinner

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| <b>DAY 42</b> | <b>KENYA, NAIROBI</b> |
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After crossing the border into Kenya we continue to travel towards Nairobi and the end of our journey. Although our tour has ended some groups like to spend this evening at local restaurant.

*Optional Activities: Dinner at Carnivore Restaurant*

Meals: Breakfast, Lunch